



Carroll County Veterans Coalition

Agenda

Zoom Link <https://us02web.zoom.us/j/83587573574>

Or

Tamworth Community Nurse Associates

86R Main St, Tamworth, NH 03886 · Behind Town Hall

(603) 323-8511

Name	Organization	Contact Information
Julie Lanoie	Executive Director of Tamworth Community Nurse Association	jlanoie@tamworthnurses.org
Julian Long	Executive Director of Arts Council of Tamworth	executive.director@artscounciltamworth.org
Stephanie Higgs	Easterseals Veterans Count	shiggs@eastersealsnh.org
Ed Currier	ClearPath for Veterans New England	ecurrier@clearpathne.org
Joshua Ritson	Partnership for Public Health	jritson@ppnh.org
Gary Bent	ClearPath for Veterans New England	gbent@clearpathne.org
Nicole Frisella	VA Healthcare for Homeless Program	nicole.frisella@va.gov
Lindsay Pratt Bluemle	VA Conway CBOC	lindsay.pratt-bluemle@va.gov
Jen Thomas	Prevention Coordinator at C3PH	jennifer.thomas@graniteuw.org
Soyla Hernandez	Community Health Worker at C3PH	soyla.hernandez@graniteuw.org
Emily McArdle	Young Adult Outreach at C3PH	u25carrollcounty@outlook.com



1. Round Table Introductions
2. Guest Speakers
 - a. Julian Long- [Arts Council of Tamworth](#)
 - i. The Arts Council of Tamworth provides art programs to the community, and they are interested in developing an arts program for the community's veterans, using the Creative Forces grant to provide funding.
 1. Envision the veterans' art program as a monthly arts program that also provides community. Open to all different types of art, depending on what people are interested in. Tamworth residents would be the focus, but they won't check residency. Planning on opening it to veterans and active-duty service members, haven't decided whether to open it to families yet. Would not require referrals.
 - ii. Seeking a coordinator for the veterans' art program with a background of working with people with trauma or an art therapist.
 - iii. Looking for partnerships with people/organizations who work with veterans to help spread the word and to guide what kinds of programming would be relevant.
 1. Connect with the local American Legions (Conway and Wolfboro) and local Coffee Socials for Veterans.
 - iv. Julie/Tamworth Community Nurse Association offered space for the program.
 - v. FMI: executive.director@artscounciltamworth.org
3. Partner Organization Updates
 - a. Gary will be presenting at the Wolfboro Veterans Muster on March 12, 2025.



4. CCVC Updates

- a. Review Action plan from November 26
- b. Conference updates
 - i. North Conway Community Center - \$325
 - ii. Saturday, March 22nd, snow date March 29
 - iii. The group agrees to go ahead with reserving this time and space for the conference. Jen will finish the application and create a “Save the Date” flyer.
 - iv. More planning in January
 1. Create/use a sandwich board sign out front to show that it’s open to the public
 2. Theme- Ask the Question?
- c. EIN and 501(c)3
 - i. Officer descriptions and nomination
 - ii. By-laws – almost done
 - iii. Physical location still needed
 1. Jen will check-in with Mark about a physical location.
- d. Military Appreciation Days?
 - i. Nestlenook Farm collaboration
 1. Jen reached out and they are open to collaboration. CCVC could be there with sleigh ride tickets to give away and resources. The group agrees they would be a great partner. Plan the event in January or February.
 - ii. Gary and Jen have not heard back from any ski areas.
 - iii. Jen and Emily were at Wolfeboro Farmers Market last Thursday to share resources.



- e. Schouler Park options for Resource Fair
 - i. Gary has mentioned an event at Schouler Park to different veteran servicing organizations and they want to be involved (ClearPath, Wounded Warriors, etc.).
 - ii. Could do an event on June 14- Flag Day. Have resources and organizations, games, vehicles, etc.
 - 1. Gary will talk to them today to see if June 14 is available and will email Jen.
 - 2. Jen will send in the application/insurance.
 - f. Trauma Informed Care Presentation
 - i. March
 - ii. Designed by Tracie Parker – military psychotherapist
 - iii. Cost is \$800 dollars – evidence-based backed by data
 - iv. Most requested training, should we go for it?
 - v. Will offer CEUs for nurses and social workers, Jen will apply for prevention and teacher CEUs (1.5 CEUs)
 - vi. Will also link it to Ask the Question and military culture
 - vii. Hybrid presentation
 - viii. The group agrees it's a good idea and to go ahead with the presentation.
 - ix. Julian/Arts Council of Tamworth could potentially partner and help with their Creative Forces grant- Jen and Julian will check in about this.
 - g. Share Budget
5. To Do
- a. Increase involvement –
 - i. Review logic model – input needed. See attached logic model.
 - ii. Who would be good partners?



1. Veteran business owners
 - a. [NH Veteran-Friendly Businesses](#)
 - b. Veterans Small Business Association
 2. Young veterans
 3. More family members
 - a. Young adults with veteran/active-duty parents
 4. General community members
 5. School admin/staff- SAU 13 superintendent has said they are interested in providing a military culture training to staff
 6. Providers- Hospice and palliative care providers (veteran patients have unique needs)
 7. Realtors
 8. [MWV Chamber of Commerce](#) and [Valley Promotions](#)
- iii. Who can help and how?
1. Joshua will send Jen a list about veteran resources in Carroll County and he will connect Jen to Karen from the [Lakes Region Board of Realtors](#)
 - a. Reach out to [White Mountain Board of Realtors](#) too
 2. Gary will look into the Veteran Small Business Association
 3. Jen will reach out to Adrienne Cameron with the VA about a presentation or resources for hospice and palliative care providers and end of life care for veterans: adrienne.cameron@va.gov and will share these with Julie.
 4. Julie will include Ask the Question in TCNA's template for patients in their electronic medical records system
 5. Julian will send info about Valley Promotions to Jen



6. Gary will introduce/connect Jen with Madison Elementary School or the superintendent of SAU 13.
 7. Jen/CCVC could join Gary at the Wolfeboro Veterans Muster on March 12. Gary will also talk to the Conway American Legion about CCVC joining any upcoming events.
- iv. Contact the DMAVS calendar of events with events/questions:
Kimberly.J.Hillson@dmavs.nh.gov

6. Resources and Upcoming Activities

- a. Please follow CCVC on Facebook – I try to share activities
 - i. [Facebook](#)
- b. www.carrollcountyveteranscoalition.org – look under Activities
- c. Gary will be presenting at the Veterans Muster at the Wright Museum on March 12, 2025, to talk about service dogs
- d. New Women’s Veteran Coalition is up and running-please email Jen for interest!
- e. Wolfeboro Parks and Rec - [Wolfeboro Parks and Recreation > Home](#)
- f. Ossipee Parks and Rec - [Ossipee Parks & Recreation | Ossipee NH](#)
- g. North Conway Community Center - [North Conway Community Center: Online Registration by MyRec.com Recreation Management Software](#)
- h. [Our Military Kids](#)
- i. NH Care Connections - Coming soon to CC
 - i. Closed Loop provider referral network
 - ii. FMI or interest in involvement please email Jen
- j. [Ask The Question | Ask the Question](#)
- k. Serving Those Who Serve: The Importance of Identifying Military Connections in your Organization or Business – 1 hour self-paced learning module



- i. [Serving Those Who Serve](#)
 - l. [Service Members, Veterans, and their Families Technical Assistance \(SMVF TA\) Center | SAMHSA](#)
 - i. Webinars, resources and information
 - m. Managing Chronic Pain and Mental Health webinar– NAMI
 - i. [AF December Webinar Flyer-Email.pdf](#)
 - n. Free internet for kids
 - i. <https://www.t-mobile.com/brand/project-10-million>
 - o. Health and Nutrition from the VA
 - i. <https://www.move.va.gov/MOVE/video/index.asp>
 - p. Holiday Support from the VA
 - i. [Fighting Loneliness and Social Isolation as a Caregiver for Veterans](#)
- 7. Volunteer opportunities
 - a. Big Brothers Big Sisters
 - i. [Youth Mentoring Programs | Big Brothers Big Sisters of NH](#)
 - b. CASA NH
 - i. Court Appointed Special Advocate for Children
 - ii. [Volunteer to Help NH Children - CASA of New Hampshire](#)
 - c. RSVP Carroll County
 - i. https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.carrollcountyrsvp.org%2F%3Ffbclid%3DIwZXh0bgNhZW0CMTAAAR2ndn2ckidVNYHeIzmzydQMnKBE8clJnMqmFK0NelQ-a4nDjamR1FWVuFw_aem_FIK2h9svTo4k7kTP1cMkgg&h=AT0swo1beYP6lCjPtBmcMtmotLQ59-t2PMQjiOn3k8xWtfwXJucvYOmIP6L6R9sq_ogA0ENxVDYSgSRdIHB



M-

[nN2mByQO7OMjKryNWbol0FcI0VkJn9DpeoTzGXAY6ZGxyKWq9SP
BVNAsk4QpBvgUQ](#)

d. Kingswood Youth Center – Wolfeboro, NH

e. Volunteers for Veterans – Gorham, NH

- i. https://1.facebook.com/1.php?u=http%3A%2F%2Fwww.volunteers4veterans.org%2F%3Ffbclid%3DIwZXh0bgNhZW0CMTAAAR2ndn2ckidVNYHeIzmzydQMnKBE8clJnMqmFK0NelQ-a4nDjamR1FWVuFw_aem_FIK2h9svTo4k7kTP1cMkgg&h=AT3dmjVe8pAPa4we9dOj2KryNJ-fgSaEuU-wWM4KOVgRSC8E0oVIpSDsUISr2FoJBHvVDF9csrUvN_SIJ11jlu2QT9uy56U6Lo35h1PwznR-72pHSK95-bNiENgSVSpvNqPqJklhKyd9cBQT8GnDg

f. The Revolving Closet and North Country Cares

- i. 1.603.662.3443

g. Volunteer at Mobile Food Pantries

- i. www.nhfoodbank.volunteerhub.com

h. Medical Foster Care Program

- i. [Medical Foster Home Program | VA Manchester Health Care | Veterans Affairs](#)

ii. Contact Kevin Keefe -

1. **Phone:** [603-657-4153](tel:603-657-4153)
2. **Email:** kevin.keefe@va.gov

8. Feedback and Course Correction



- a. Feedback survey on Zoom – 3 mins
9. Close
- a. Have a great and safe holiday time
 - b. January 28th 1000



Action Plan

Objective action is tied to (see our Objectives)	Action	Who?	Resources needed	Progress (0-5 where 5 is complete)	Completion date goal	Evidence of action
2, 4	Complete application for NC Community Center for Conference and create "Save the Date" flyer	Jen, Emily	Email, application, funds, Canva	3	January	Completed application and flyer
3	Follow up with Mark re. physical location for 501c	Jen, Mark	Email	5	January	Mark said it is not viable.
2	Plan event with Nestlenook Farm	Jen	Email/call	2	January	Have date/plan for event
2, 4	Check availability and apply for event in June at Schouler Park for June 14	Gary, Jen	Email, application, insurance info	3	January	Completed application
6	Confirm Trauma-Informed Care presentation and apply for prevention and teacher CEUs	Jen	Emails, applications for CEUs	3	January	Confirmed presentation and date, completed CEU application
6	Discuss partnering	Julian, Jen	Email	1	January	Email



	with Tamworth Arts Council for the Trauma-Informed Care presentation					
1	Connect with Lakes Region and White Mountain Board of Realtors	Joshua, Jen	Email	0	February	Email
1	Reach out to Adrienne about hospice/end of life care for veterans	Jen	Email	0	January	Email and information or resources
1	Connect with Valley Promotions and MWV Chamber of Commerce	Jen	Email	0	February	Email
1	Connect with SAU 13/Madison Elementary School	Gary, Jen	Email	0	February	Email or meeting
2	Connect with Conway American Legion to discuss partnering for events	Gary	Email/talk	0	January	Update about upcoming events
1, 2	Look into partnering with veteran-owned businesses	Gary, Jen	Email	0	February	Email or meeting



1, 2	Discuss CCVC joining Gary at Veterans Muster	Jen, Gary	Email/talk		March	Confirmation if CCVC is coming
------	--	-----------	------------	--	-------	--------------------------------

Objectives:

1. Increase mental health supports by addressing the needs iterated by service members, veterans and their families (SMVF)
2. Decrease social isolation for service members, veterans, and their families (SMVF)
3. Meet with stakeholders one time per month
4. Hold at least two events to raise awareness about veteran suicide or needs
5. Conduct a Strengths, Weaknesses, Opportunities, and Threats (SWOT) analysis per year. Review annually.
6. Conduct at least four trainings per year to include suicide prevention, military culture, PTSD, Ask The Question or any pertinent SMVF training, to stakeholders
7. Facilitator of the coalition to attend statewide coalition member meeting
8. Constantly receive input and assess needs all year round. With at least one formal needs assessment to be done in a manner which is deemed viable. Activities, capacity, and objectives will be adjusted as necessary