



## Carroll County Veterans Coalition

### Agenda

Zoom Link <https://us02web.zoom.us/j/83587573574>

Tri-County CAP in Tamworth, NH

Name	Organization	Contact Information

#### **1. Round Table Introductions**

#### **2. Guest Speakers**

- a. None

#### **3. Partner Organization Updates**

#### **4. CCVC Updates**

- a. Feedback Survey
- b. EIN and 501(c)3
  - i. Officer descriptions
  - ii. By-laws



- iii. Physical location needed
  - 1. Thoughts or updates?
- c. December 19 – PTSD and STSD presentation
  - i. Tamworth Visiting Nurses
  - ii. Confirming details
- d. Military Appreciation Days?
- e. Wolfeboro Farmer’s Market CCVC Labeling
  - i. December 5
  - ii. The Nick
  - iii. Thoughts on what we should be promoting?
- f. Trauma Informed Care Presentation
  - i. March?
  - ii. Designed by Tracie Parker – military psychotherapist
  - iii. Wright Museum
  - iv. Partner with American Legion
  - v. Invitees?
- g. Gathered Data and information
  - i. On our website [www.carrollcountyveteranscoalition.org](http://www.carrollcountyveteranscoalition.org)

## **5. To Do**

- a. Change location
  - i. Tamworth Visiting Nurse?
- b. Increase involvement
  - i. Diverse areas – businesses, other professionals etc
  - ii. 3 specific ideas
  - iii. Who can help with reachout?



- c. CCVC Conference basic plan
  - i. Adult Day Center
  - ii. March?
    - 1. Date
  - iii. Save the date flyers
  - iv. Contact Lynn Coyle
- d. CCVC Resource Fair
  - i. Schouler park
  - ii. Before June 30<sup>th</sup>, 2025
- e. Initiate at least one conversation with one school
  - i. Determine policies/procedures regarding SMVF
  - ii. Determine how we can promote ATQ/identifying SMVFs
  - iii. Who can help

## 6. Resources

- a. [Our Military Kids](#)
- b. NH Care Connections - Coming soon to CC
  - i. Closed Loop provider referral network
  - ii. FMI or interest in involvement please email Jen
- c. [Ask The Question | Ask the Question](#)
- d. Serving Those Who Serve: The Importance of Identifying Military Connections in your Organization or Business – 1 hour self-paced learning module
  - i. [Serving Those Who Serve](#)
- e. [Service Members, Veterans, and their Families Technical Assistance \(SMVF TA\) Center | SAMHSA](#)
  - i. Webinars, resources and information



- f. Managing Chronic Pain and Mental Health webinar– NAMI
  - i. [AF December Webinar Flyer-Email.pdf](#)
- g. Free internet for kids
  - i. <https://www.t-mobile.com/brand/project-10-million>

## 7. Volunteer opportunities

- a. Big Brothers Big Sisters
  - i. [Youth Mentoring Programs | Big Brothers Big Sisters of NH](#)
- b. RSVP Carroll County
  - i. [https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.carrollcountyrsvp.org%2F%3Ffbclid%3DIwZXh0bgNhZW0CMTAAAR2ndn2ckidVNYHeIzmzydQMnKBE8clJnMqmFK0NelQ-a4nDjamR1FWVuFw\\_aem\\_FIK2h9svTo4k7kTP1cMkkg&h=AT0swo1beYP6lCjPtBmcMtmotLQ59-t2PMQjiOn3k8xWtfwXJucvYOmIP6L6R9sq\\_ogA0ENxVDYSgSRdIHB M-nN2mByQO7OMjKryNWbol0FcI0VkTn9DpeoTzGXAY6ZGxyKWq9SP BVNAsk4QpBvgUQ](https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.carrollcountyrsvp.org%2F%3Ffbclid%3DIwZXh0bgNhZW0CMTAAAR2ndn2ckidVNYHeIzmzydQMnKBE8clJnMqmFK0NelQ-a4nDjamR1FWVuFw_aem_FIK2h9svTo4k7kTP1cMkkg&h=AT0swo1beYP6lCjPtBmcMtmotLQ59-t2PMQjiOn3k8xWtfwXJucvYOmIP6L6R9sq_ogA0ENxVDYSgSRdIHB M-nN2mByQO7OMjKryNWbol0FcI0VkTn9DpeoTzGXAY6ZGxyKWq9SP BVNAsk4QpBvgUQ)
- c. Kingswood Youth Center – Wolfeboro, NH
- d. Volunteers for Veterans – Gorham, NH
  - i. [https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.volunteers4veterans.org%2F%3Ffbclid%3DIwZXh0bgNhZW0CMTAAAR2ndn2ckidVNYHeIzmzydQMnKBE8clJnMqmFK0NelQ-a4nDjamR1FWVuFw\\_aem\\_FIK2h9svTo4k7kTP1cMkkg&h=AT3dmjVe8pAPa4we9dOj2KryNJ-fgSaEuU-wWM4KOVgRSC8E0oVIpSDsUISr2FoJBHvVDF9csrUvN\\_SIJ11jIu2Q](https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.volunteers4veterans.org%2F%3Ffbclid%3DIwZXh0bgNhZW0CMTAAAR2ndn2ckidVNYHeIzmzydQMnKBE8clJnMqmFK0NelQ-a4nDjamR1FWVuFw_aem_FIK2h9svTo4k7kTP1cMkkg&h=AT3dmjVe8pAPa4we9dOj2KryNJ-fgSaEuU-wWM4KOVgRSC8E0oVIpSDsUISr2FoJBHvVDF9csrUvN_SIJ11jIu2Q)



[T9uy56U6Lo35h1PwznR-72pHSK95-  
bNiENgSVSpvNqPqJklhKyd9cBQT8GnDg](#)

- e. The Revolving Closet and North Country Cares
  - i. 1.603.662.3443

**8. Feedback and Course Correction**

- a. Feedback survey on Zoom
- b. Paper copies

**9. Close**

- a. Thank you
- b. December meeting changed to 17<sup>th</sup> – Fun one- no buisness
  - i. Food, coffee etc

**Action Plan**

Objective action is tied to (see our Objectives)	Action	Who?	Resources needed	Progress (0-5 where 5 is complete)	Completion date goal	Evidence of action



## Objectives:

1. Increase mental health supports by addressing the needs iterated by service members, veterans and their families (SMVF)
2. Decrease social isolation for service members, veterans, and their families (SMVF)
3. Meet with stakeholders one time per month
4. Hold at least two events to raise awareness about veteran suicide or needs
5. Conduct a Strengths, Weaknesses, Opportunities, and Threats (SWOT) analysis. Review annually.
6. Conduct at least four trainings per year to include suicide prevention, military culture, PTSD, Ask The Question or any pertinent SMVF training, to stakeholders
7. Facilitator of the coalition to attend statewide coalition member meeting
8. Constantly receive input and assess needs all year round. With at least one formal needs assessment to be done in a manner which is deemed viable. Activities, capacity, and objectives will be adjusted as necessary.