



Carroll County Veterans Coalition

Agenda

Zoom Link <https://us02web.zoom.us/j/83587573574>

Or

**Tamworth Community Nurse Associates**

86R Main St, Tamworth, NH 03886 · Behind Town Hall

(603) 323-8511

Name	Organization	Contact Information

1. Round Table Introductions
2. Guest Speakers
  - a. none
3. Partner Organization Updates
4. CCVC Updates
  - a. Review Action plan from November 26



- b. Conference updates
    - i. NC Community Center - \$325
    - ii. March 22<sup>nd</sup> snow date March 29
    - iii. Good?
    - iv. More planning in January
  - c. EIN and 501(c)3
    - i. Officer descriptions and nomination
    - ii. By-laws – almost done
    - iii. Physical location still needed
  - d. Military Appreciation Days?
    - i. Nestlenook Farm collaboration
  - e. Schouler Park options?
  - f. Trauma Informed Care Presentation
    - i. March
    - ii. Designed by Tracie Parker – military psychotherapist
    - iii. Cost is \$800 dollars – evidence-based backed by data
    - iv. Most requested training, should we go for it?
  - g. Share Budget
5. To Do
- a. Increase involvement –
    - i. Review logic model – input needed
    - ii. Who would be good partners?
      1. Veteran business owners
      2. Young veterans
      3. More family members
      4. General community members



## 5. School admin/staff

### iii. Who can help and how?

## 6. Resources and Upcoming Activities

- a. Please follow CCVC on Facebook – I try to share activities
  - i. [Facebook](#)
- b. [www.carrollcountyveteranscoalition.org](http://www.carrollcountyveteranscoalition.org) – look under Activities
- c. New Women’s Veteran Coalition is up and running-please email Jen for interest!
- d. Wolfeboro Parks and Rec - [Wolfeboro Parks and Recreation > Home](#)
- e. Ossipee Parks and Rec - [Ossipee Parks & Recreation | Ossipee NH](#)
- f. North Conway Community Center - [North Conway Community Center: Online Registration by MyRec.com Recreation Management Software](#)
- g. [Our Military Kids](#)
- h. NH Care Connections - Coming soon to CC
  - i. Closed Loop provider referral network
  - ii. FMI or interest in involvement please email Jen
- i. [Ask The Question | Ask the Question](#)
- j. Serving Those Who Serve: The Importance of Identifying Military Connections in your Organization or Business – 1 hour self-paced learning module
  - i. [Serving Those Who Serve](#)
- k. [Service Members, Veterans, and their Families Technical Assistance \(SMVF TA\) Center | SAMHSA](#)
  - i. Webinars, resources and information
- l. Managing Chronic Pain and Mental Health webinar– NAMI
  - i. [AF December Webinar Flyer-Email.pdf](#)
- m. Free internet for kids



- i. <https://www.t-mobile.com/brand/project-10-million>
  - n. Health and Nutrition from the VA
    - i. <https://www.move.va.gov/MOVE/video/index.asp>
  - o. Holiday Support from the VA
    - i. [Fighting Loneliness and Social Isolation as a Caregiver for Veterans](#)
- 7. Volunteer opportunities
  - a. Big Brothers Big Sisters
    - i. [Youth Mentoring Programs | Big Brothers Big Sisters of NH](#)
  - b. CASA NH
    - i. Court Appointed Special Advocate for Children
    - ii. [Volunteer to Help NH Children - CASA of New Hampshire](#)
  - c. RSVP Carroll County
    - i. [https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.carrollcountyrsvp.org%2F%3Ffbclid%3DIwZXh0bgNhZW0CMTAAAR2ndn2ckidVNYHelzmzydQMnKBE8clJnMqmFK0NelQ-a4nDjamR1FWVuFw\\_aem\\_FIK2h9svTo4k7kTP1cMkkg&h=AT0swo1beYP6lCjPtBmcMtmotLQ59-t2PMQjiOn3k8xWtfwXJucvYOmIP6L6R9sq\\_ogA0ENxVDYSgSRdIHB M-nN2mByQO7OMjKryNWbol0FcI0VkTn9DpeoTzGXAy6ZGxyKWq9SPBVNAsk4QpBvgUQ](https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.carrollcountyrsvp.org%2F%3Ffbclid%3DIwZXh0bgNhZW0CMTAAAR2ndn2ckidVNYHelzmzydQMnKBE8clJnMqmFK0NelQ-a4nDjamR1FWVuFw_aem_FIK2h9svTo4k7kTP1cMkkg&h=AT0swo1beYP6lCjPtBmcMtmotLQ59-t2PMQjiOn3k8xWtfwXJucvYOmIP6L6R9sq_ogA0ENxVDYSgSRdIHB M-nN2mByQO7OMjKryNWbol0FcI0VkTn9DpeoTzGXAy6ZGxyKWq9SPBVNAsk4QpBvgUQ)
  - d. Kingswood Youth Center – Wolfeboro, NH
  - e. Volunteers for Veterans – Gorham, NH
    - i. <https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.volunteers4veterans.org%2F%3Ffbclid%3DIwZXh0bgNhZW0CMTAAAR2ndn2ckidVNY>



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- f. The Revolving Closet and North Country Cares
    - i. 1.603.662.3443
  - g. Volunteer at Mobile Food Pantries
    - i. [www.nhfoodbank.volunteerhub.com](http://www.nhfoodbank.volunteerhub.com)
  - h. Medical Foster Care Program
    - i. [Medical Foster Home Program | VA Manchester Health Care | Veterans Affairs](#)
    - ii. Contact Kevin Keefe -
      - 1. **Phone:** [603-657-4153](tel:603-657-4153)
      - 2. **Email:** [kevin.keefe@va.gov](mailto:kevin.keefe@va.gov)
8. Feedback and Course Correction
- a. Feedback survey on Zoom – 3 mins
9. Close
- a. Have a great and safe holiday time
  - b. January 28<sup>th</sup> 1000



## Action Plan

Objective action is tied to (see our Objectives)	Action	Who?	Resources needed	Progress (0-5 where 5 is complete)	Completion date goal	Evidence of action

### Objectives:

1. Increase mental health supports by addressing the needs iterated by service members, veterans and their families (SMVF)
2. Decrease social isolation for service members, veterans, and their families (SMVF)
3. Meet with stakeholders one time per month
4. Hold at least two events to raise awareness about veteran suicide or needs
5. Conduct a Strengths, Weaknesses, Opportunities, and Threats (SWOT) analysis per year. Review annually.
6. Conduct at least four trainings per year to include suicide prevention, military culture, PTSD, Ask The Question or any pertinent SMVF training, to stakeholders
7. Facilitator of the coalition to attend statewide coalition member meeting
8. Constantly receive input and assess needs all year round. With at least one formal needs assessment to be done in a manner which is deemed viable. Activities, capacity, and objectives will be adjusted as necessary



