



Carroll County Veterans Coalition

Agenda

Zoom Link <https://us02web.zoom.us/j/83587573574>

Or

**Tamworth Community Nurse Associates**

86R Main St, Tamworth, NH 03886 · Behind Town Hall

(603) 323-8511

Name	Organization	Contact Information

1. Round Table Introductions
  - a. If needed
  
2. Guest Speakers
  - a. 603 Legal



### 3. Partner Organization Updates

### 4. CCVC Updates

- a. Action Plan from last meeting
- b. Conference
  - i. Promotion efforts
  - ii. Attendees
  - iii. Final planning details
  - iv. Feedback survey
- c. Adult Mental Health First Aid
  - i. March 14<sup>th</sup> at Annex – All day
  - ii. Need more registrants – Ideas?
- d. Schouler Park Fair – name?
- e. CCVC engagement
  - i. MWV CoC event – Good connections/interest
  - ii. Valley Promotions Conversation

### 5. To Do

- a. Areas of Concern/Gaps in SMVF needs/wants?
  - i. What are you hearing, observing or experiencing?
- b. Long Term and short term goals – brief brainstorm
  - i. Further visit and prioritize and create action plan at next meeting
- c. NH Prevention Conference
  - i. Gary and I 's presentation proposal accepted
  - ii. “Youth Connected to the Military”
  - iii. Ideas for topics/important information to touch on



- d. Revisit SWOT – emailed out
6. Resources and Upcoming Activities
- a. From Miguel Moralez - FMI [miguel.moralez@sba.gov](mailto:miguel.moralez@sba.gov)
    - i. Boots To Buisness – 2 Day training Flyer below
    - ii. BASIC reinforcement skill event – Flyer below
  - b. Ask The Question tools/videos
    - i. [Ask The Question | NH Department Of Military Affairs And Veterans Services](#)
  - c. NAMI NH – online learning portal – “Serving Those Who Serve”
    - i. [Serving Those Who Serve](#)
  - d. NH Care Connections – closed loop referral system for providers
    - i. [NH Care Connections: Our Partners | New Hampshire Department of Health and Human Services](#)
  - e. VA –
    - i. [Caregivers Support Line \(CSL\) - VA Caregiver Support Program](#)
    - ii. [Beyond the Uniform: Veterans Navigating Life After Military Service](#)
    - iii. [Mental Health Home](#)
  - f. March 12 – Veteran Muster at the Wright Museum
    - i. Gary Bent
  - g. March 14<sup>th</sup> – Adult Mental Health First Aid
    - i. FMI [jennifer.thomas@graniteuw.org](mailto:jennifer.thomas@graniteuw.org)
7. Feedback and Course Correction?
8. Close



a. Next meeting March 25<sup>th</sup>, 2025

### Action Plan

Objective action is tied to (see our Objectives)	Action	Who?	Resources needed	Progress (0-5 where 5 is complete)	Completion date goal	Evidence of action

### Objectives:

1. Increase mental health supports by addressing the needs iterated by service members, veterans and their families (SMVF)
2. Decrease social isolation for service members, veterans, and their families (SMVF)
3. Meet with stakeholders one time per month
4. Hold at least two events to raise awareness about veteran suicide or needs
5. Conduct a Strengths, Weaknesses, Opportunities, and Threats (SWOT) analysis per year. Review annually.



6. Conduct at least four trainings per year to include suicide prevention, military culture, PTSD, Ask The Question or any pertinent SMVF training, to stakeholders
7. Facilitator of the coalition to attend statewide coalition member meeting
8. Constantly receive input and assess needs all year round. With at least one formal needs assessment to be done in a manner which is deemed viable. Activities, capacity, and objectives will be adjusted as necessary



U.S. Small Business  
Administration



## Veterans & Spouses, let us serve you!

### BASIC (SBA 101) reinforcement skill event: Small Business Ownership.

Attend to learn about the support for veterans and veteran spouses as they enter the world of business ownership. Learn more about the free resources, training, access to capital, and more!

**PRESENTED by:**

**Miguel Moralez, Veteran Business Development, and  
Registration required:**

<https://www.eventbrite.com/e/veterans-spouses-let-us-serve-you-tickets-1246121776779>

Wednesday, March 5, 2025

1:00 pm to 2:00 pm

**Held at Homeland Heroes Foundation  
10 Delaware Dr., Suite 1 Salem, NH 03079**

For more information, contact Miguel Moralez at  
603-225-1601 or [Miguel.moralez@sba.gov](mailto:Miguel.moralez@sba.gov)

**SPACE IS LIMITED!!**



CARROLL COUNTY  
VETERANS COALITION

# CREATIVE ARTS CONTEST



SUBMISSIONS  
OPEN UNTIL  
2/28/25



LET YOUR CREATIVITY SHINE THROUGH THIS COMPETITION  
TO HONOR SERVICE MEMBERS, VETERANS, AND THEIR  
FAMILIES. PLUS, THE TOP 3 FINALISTS WILL WIN A PRIZE!

The Carroll County Veterans Coalition is hosting a Creative Arts Contest for our 2nd Annual Conference. Youth and young adults are encouraged to submit a creative piece of work that honors service members, veterans, and their families.

Examples of creative work:

- Thank you letters
- Poems
- Essays
- Art (paintings, drawings, sculptures)
- Digital art (krita.org is a free platform)
- Videos (short films, songs)
- Any other medium of expression!

FMI AND TO  
SUBMIT YOUR WORK:

[jennifer.thomas@graniteuw.org](mailto:jennifer.thomas@graniteuw.org)





**OPERATION** **BOOTS to**  
**BUSINESS**  
from service to startup



U.S. Small Business  
Administration

**Are you interested in starting your own business?  
Please join us for an Online  
Boots to Business  
A Free, Two-Day Entrepreneurial Training for Veterans /Spouse**

**March 26/27, 2025**

**9:00 am – 4:00 pm Eastern Standard Time**

**Online class to register for the training.  
please use this link:**

<https://sba.my.site.com/>

When you get to this link, go to the calendar  
and select: **Online Portsmouth, NS, ME**

Offered by the U.S. Small Business Administration (SBA) as part of the Department of Defense.

Boots to Business is a two-step training program developed to introduce Veterans and transitioning service members to business ownership. This 2-day workshop helps ensure that every participant has access to a standardized entrepreneurship training track and the small business resources in their local communities. **Any veteran, spouse and/or dependent children over 18 are welcome to participate!**

After completing the 2-day Boots to Business session, participants will have the tools and knowledge they need to identify a business opportunity, draft a business plan, connect with local small business resources, and launch their small business. If you have any questions, please contact Miguel Moralez at 603-225-1601 or email [miguel.moralez@sba.gov](mailto:miguel.moralez@sba.gov)



